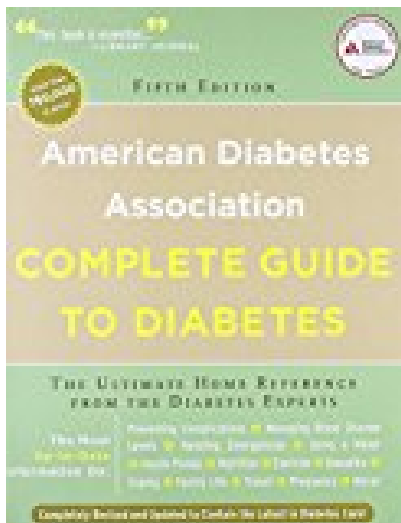


American Diabetes Association Complete Guide to Diabetes The Ultimate Home Reference from the Diabetes Experts American Diabetes Association Complete Guide to Diabetes



BOOK DETAILS

- Author : American Diabetes Association
- Pages : 576 Pages
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BOOK SYNOPSIS

The American Diabetes Association—the nations leading health organization supporting diabetes research, information, and advocacy—has completely revised this comprehensive home reference to provide all the information a person needs to live an active, healthy life with diabetes. Now in its fifth edition, this extensive resource contains information on the best self-care techniques and the latest medical advances. For people with diabetes, this extraordinary guide will answer any question. Topics include the latest on self-care for type 1, type 2, and gestational diabetes; new types of insulin and medications; strategies for avoiding diabetes complications; expanded sections on meal planning and nutrition; and tips on working with the health care system and insurance providers.

AMERICAN DIABETES ASSOCIATION COMPLETE GUIDE TO DIABETES THE ULTIMATE HOME REFERENCE FROM THE DIABETES EXPERTS AMERICAN DIABETES ASSOCIATION COMPLETE GUIDE TO DIABETES

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