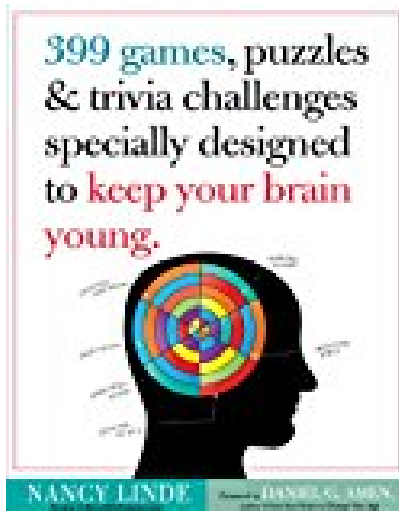


# 399 Games Puzzles & Trivia Challenges Specially Designed to Keep Your Brain Young.



## BOOK DETAILS

- Author : Nancy Linde
- Pages : 424 Pages
- Publisher : Workman Publishing Company
- Language : English
- ISBN : 0761168257



## BOOK SYNOPSIS

Based on the science that shows that people who solve brainteasers have a significant cognitive advantage, this illustrated game book specifically was created to cross-train the brain. Here are 399 games to stretch the reader, all of which stimulate neurons--literally, regrowing the brain.

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